

## ACTIVITY CALENDAR

### MARCH

#### REGULAR EVENTS:

**Newspaper &  
Coffee @ 9:30**  
Mon – Fri &  
Sat @ 10:00

**\*Exercise every  
Tuesday and  
Thursday  
@ 10:30**

**\*Gospel Sing  
Along every  
Tuesday @ 1:30**

**\*Library Time  
with Preschool  
Wednesdays @  
10:30**

**\*Java Memory  
Care Tuesdays  
@ 3:00**

**\*BINGO is every  
Wednesday  
@ 1:30**

**\*Pastor Keith  
visits every  
Thursday @ 2:00**

**\*Ice Cream  
Social every  
Friday  
@ 1:30**

**\*Every Sunday  
@ 2:00 local  
Church Service  
on the 3rd floor**

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# KETCHIKAN PIONEER HOME

VOLUME 16, ISSUE 3

MARCH 2018

## GREETINGS FROM THE ADMINISTRATOR

February brought snow and sun to our happy little home and the residents have been enjoying the dramatic weather changes from the safety of their windows.

We loved having so many visitors to our home this month as we were able to meet some family members from out of town and our Division Director was also able to make a quick stop to

Ketchikan while she works hard to repre-



sent us in Juneau while the Legislature is in session.

Bob Sivertsen, Foun-

dation Chair and I were honored to provide Sen. Kevin Meyer with a tour of the KPH. It's been several years since Sen. Meyer has been able to visit and it was nice for him to finally see some of the projects that he helped to support over the years.

## Happy Spring Everyone!

*Julie Sande, Administrator*

## Thanks for the Love

The residents were delighted to be celebrated by so many wonderful community members. Thank you for all of the home made and vintage Valentine cards and for helping us to celebrate the day.

Ketchikan is filled with some caring folks and we felt the love on Valentines Day.



# FAMILY AND FRIENDS DINNER

We are looking forward to another St. Patty's Day Family and Friends dinner scheduled for March 15, 2018 at 5:00 p.m.

**MENU:**  
Mulligatawny  
Corned Beef and

Cabbage  
Roasted Potatoes  
Carrot Cake

Please call in your reservations, before March 12th, to the activity department at 228-3372.



May the Irish hills caress you.  
May her lakes and rivers bless you.  
May the luck of the Irish enfold you.  
May the blessings of Saint Patrick behold you.



# SCIENCE IS FUN

Have you ever wondered what happens when you mix baking soda, vinegar and a balloon? We did and with the help of our preschool students, their teachers and our residents, we found out that we can blow up a balloon

without even having to run out of breath. We also learned that safety is no accident and the children helped us with our safety goggles before we started our science experiment. We love mornings that start out with delighted faces.



# MIND GAMES KEEP US SHARP

If you haven't already joined us for some of our brain games, please take a look at the calendar as we have been loving our new group crossword puzzle activity thanks to volunteers Leslie and Jim Kempself. We continue to

work away on our puzzles in the Great Room which is a nice way to spend an afternoon. And when you are in the Tongass Neighborhood listen for shouts of triumph from winners in our trivia activity. "Pop goes the \_\_\_\_?!"





# Elizabeth Peratrovich Celebration

Our very own Fawn Mountain Native Education Preschool class along with other Fawn Mountain classes, helped us celebrate Elizabeth Peratrovich with a very special morning program. The residents and staff learned about Mrs. Peratrovich's history as a strong leader of the native civil rights move-

ment in our state. The students and volunteers also helped us with a craft project we could wear. To end the celebration our preschool students provided us with a wonderful performance of drumming and singing. We were so impressed with their hard work.



## KPH FOUNDATION NEWS

*The KPH Foundation is a non-profit organization whose sole purpose is to provide funds for resident needs that would otherwise not be provided by the State of Alaska.*

Please consider the KPH Foundation for a Pick Click Give donation through your PFD. You can make changes to your PFD application at any time so even if you already filed there is still time!

Pick.  
Click.  
Give.

Bob Sivertsen  
Alaire Stanton  
Nerissa Buendia  
Bill Moran  
Ed Zastrow  
Ann Thompson  
Terry Wanzer  
Fred Monrean  
Sherrie Slick  
Ray Hendricks  
Jo Carol MacMillan

Thanks to all of the residents and Foundation members who spent time with our Division Director, Amanda Lofgren while she was in Ketchikan last week. She enjoyed meeting some of our new residents and was happy to spend part of her morning seeing some of the benefits of the intergenerational activities we love to have at the KPH. Amanda is really excited to be leading our AKPH team and we love having her come visit our home.





Ketchikan Pioneer Home  
141 Bryant Street  
Ketchikan, AK 99901  
Phone: 907-225-4111  
Fax: 907-225-4115

The Mission of the  
Alaska Pioneer Home:  
*Providing elder Alaskans a  
home and community,  
celebrating life through its  
final breath.*

## Activity Calendar Continued...

3/01 Hula Hands @ 1:30  
3/03 Iditarod Sled Race Begins  
3/07 Karaoke @ 6:00  
3/08 Ukulele Practice @ 12:30  
3/11 Daylight Savings Begins  
3/15 Family and Friends Dinner @ 5:00  
3/15 Wearable Art Show  
3/16 St. Paddy's Day Ice Cream  
Social  
3/17 Group Crossword with Leslie  
and Jim  
3/19 Resident Council @ 1:30  
3/21 Monthly Birthday @ 2:45  
3/22 Hula Hands @ 1:30  
3/24 Crossword with Leslie and Jim  
3/26 Seward's Day  
3/28 Lady Bug Preschool Visits  
3/30 Diane Fast Sing along Ice Cream Social  
3/31 Family and Friends Easter Egg Hunt



## Legislative Teleconference Schedule

Please join the Alaska  
Commission on Aging for  
the 2017 Legislative Tele-  
conferences to discuss  
bills of interest to seniors  
in our community and  
across the State of Alaska.  
They will be held at KPH  
from 9:30-11:00 on:  
March 8  
and March 22



Please remember that  
March 31st is the  
deadline for PFD ap-  
plications. The staff  
of the KPH do NOT  
complete PFD  
applications on  
behalf of residents so  
please see Rachel or  
call her direct line at  
228-3365  
if you require  
assistance.

## Resident and Staff Birthdays

### STAFF

Daisy Cadiente 03/01  
Rachel Breithaupt 3/03  
Olivia Aparici 03/05  
Shinberry Berkey 03/17  
Divine Bumagat 03/20  
Kristine Dela Cruz 03/24



### RESIDENTS

Kay Smith 3/4  
Ilona Brady 03/18  
Warren Elliott 3/24  
Ann Ruaro 03/26  
Don MacMillan 03/26



# MORE FEBRUARY FUN!

